

# Body In Training Cross Country 2024 Athlete Info

Full name \_\_\_\_\_ Name to be called \_\_\_\_\_

Age group – determined by year of birth (please circle):

8 & under (born 2016 or later)

9-10 (born 2014 or 15)

11-12 (born 2012 or 13)

13-14 (born 2010 or 11)

15-16 (born 08 or 09)

17-18 (born 06 or 07)

Sex: male female date of birth (including year) \_\_\_\_\_

Address including city & zip code \_\_\_\_\_

US citizen? yes no School district of residence \_\_\_\_\_

School \_\_\_\_\_ grade \_\_\_\_\_

Parents \_\_\_\_\_ Church (if applicable) \_\_\_\_\_

Parent email \*(all info will be sent via email) \_\_\_\_\_

2<sup>nd</sup> email (optional) \_\_\_\_\_

Cell phone numbers for emergency contact \_\_\_\_\_

Cell phone numbers for cancelation text list \_\_\_\_\_

Please list any previous cross country/running experience and times

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Do you have any health concerns, injuries, special needs, etc. that we need to be aware of? Also list allergies & medications. \_\_\_\_\_

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Membership type:

\_\_\_\_\_ Full Season (open to ages 6-18 born 2006 through 2018) - \$110 registration fee

\_\_\_\_\_ Late Start (open ONLY to those competing on their MS or HS xc team) - \$100 registration fee

Circle singlet selection:

Already have singlet (\$15 discount) youth S youth M youth L adult S adult M adult L adult XL adult XXL

Circle shorts selection: already have BIT shorts (\$5 discount) v-notch running shorts compression shorts

Circle shorts size:

youth S youth M youth L adult S adult M adult L adult XL adult XXL

# Body in Training Track Club 2024 Release Form

In consideration of being accepted to participate in Body In Training Track Club and all of its practices, meets, and other activities, I acknowledge and agree to the following:

\_\_\_\_ I do not know of any medical reason my child should not participate in track and field. Furthermore, I assume all risk of injury (including death), damage or loss of property due to any cause. On behalf of myself and my child, I agree to hold harmless and not to sue Body In Training Track Club, its board of directors, coaches or volunteers; USA Track & Field, its officials or volunteers; Noblesville Schools and its employees; Harbour Shores Church and its employees; the Indiana Youth Track Association, its officials or volunteers; YES Athletics; or any other track club hosting a meet my child will attend, along with the owner/lessee of all facilities, and their volunteers and officials; and I do hereby release them from liability, loss, claims, demands, court costs, settlement costs, attorney fees and any other expenses.

\_\_\_\_ I grant permission to coaches to authorize emergency medical treatment if I cannot be reached.

\_\_\_\_ I give permission for my child to be photographed and for his/her name, likeness, image, voice, video, and statistics to be exhibited and distributed in any format.

\_\_\_\_ I understand that Body In Training is a Christian organization and that my child will participate in devotions based on Biblical principles at every practice.

Please list all family members participating:

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Signature of parent, custodian, or legal guardian \_\_\_\_\_

Date \_\_\_\_\_

Requirements for registration:

1. Athlete Information form (1 per athlete)
2. Signed Release form (1 per family)
3. photocopy of birth certificate (new members only)
4. Registration fee

Please print and mail to the following address (must be received by August 10):

Body In Training Track Club

17876 Aviara Dr.

Noblesville, IN 46062